



## **Anastasia Kitsantas**

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Anastasia Kitsantas is professor of Educational Psychology in the College of Education and Human Development at George Mason University (GMU). She also serves as the Director of the PhD in Education Program. Her research interests focus on the role of self-regulation on learning and performance across diverse areas of functioning. Some of this research has been used as a basis for educational reform across contexts, and for external funding. She has been an active participant in many international student and scholarly groups. She is the editor, co-author, or author of three books. She has over 100 scholarly publications, many of which are directed toward the training of self-regulation. She is a former Editor-in-Chief of the *Journal of Experimental Education* and currently serves on several editorial boards. She is the recipient of a GMU Teaching Excellence Award, and the 2019 Barry J. Zimmerman Award for Outstanding Contributions to the fields of studying and self-regulated learning research by the Studying and Self-Regulated Learning, Special Interest Group of the American Educational Research Association. She is also a Fellow of the American Psychological Association's: Division 15, Educational Psychology.